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Leo Hand is the author of Coaching Football's 3 3 5 Defense (3.00 avg rating, 6 ratings, 0 reviews, published 2004), 101 Split 4 4 Stunts (3.67 avg rating)

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Coaching football's 3-3-5 defense: leo hand, rick

Leo Hand is the defensive backfield coach at Andress High School in Texas, a position he assumed in 2004. Hand had previously served as the defensive coordinator at

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