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Leo Hand is the defensive backfield coach at Andress High School in Texas, a position he assumed in 2004. Hand had previously served as the defensive coordinator at

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Coaching Football's 3-3-5 Defense by Leo Hand, Rick Molina. (Paperback 9781585189182)

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Coaching Football s Double Eagle-Double Flex Defense Author: Leo Hand Coaching Football's 3-3-5 Defense Author: Leo Hand Published 2005 Length 132 pages

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Leo Hand is the author of Coaching Football's 3 3 5 Defense (3.00 avg rating, 6 ratings, 0 reviews, published 2004), 101 Split 4 4 Stunts (3.67 avg rating)

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to disrupt the hand lane off tackle. I am a Double Wing coach and Coaching Devotional Coaching Football Cover 3 Cover 3 defense defensive

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