

**Breaking The Headache Cycle: A Proven Program For
Treating And Preventing Recurring Headaches By Ian
Livingstone**

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Donna Novak is the author of Breaking the Headache Cycle (3.82 avg rating, 11 ratings, 4 reviews, published 2004), American Badass Donna Novak s Followers.

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Ian Livingstone is the author of Breaking the Headache Cycle (3.92 avg rating, 13 ratings, 4 reviews, published 2004), An Introduction To Economics For

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When medicine makes headaches worse

To break the cycle, you must stop taking the medication. However, Part of the problem with rebound headaches is that they are sometimes difficult to identify,

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Breaking the cycle: putting a stop to rebound

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Headache, author at national headache foundation

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